

2020/2021

Des Plaines School of Dance Dress Code

Proper attire is vital for the dancer's safety and will maximize the dancer's learning experience. It is necessary for the instructor to see the shape and line of the dancer's body which will assist in the proper assessment of the advancement of each student. The Des Plaines School of Dance staff will be enforcing the dress code. If these requirements are not followed, parents will be notified by the instructor and the student may not be permitted to participate in class until the proper dance attire is worn. Failure to wear the appropriate dance attire will constitute one absence. We appreciate your cooperation with the compliance of the dress code for our program. **Please note:** We encourage a hands-on teaching approach. Instructors may need to physically readjust a student's body, to fully correct the dancer's placement and alignment.

Dance Attire Requirements

- Hair must be secured away from the face in a **ballet bun*** for ALL classes, except Tap and Hip Hop.
- ***Tools needed for a ballet bun:** Elastic ponytail holders, bobby pins/hair pins, hair net, brush/comb, gel/hairspray.
- All jewelry must be removed before any class.
- Dancers who have reached the age where support undergarments are necessary are required to wear a **black sports bra only**.
- Dancers ages 10 and older should wear deodorant.
- ALL Level dancers should not wear underwear underneath a leotard and tights. (Tights are the undergarment.)

Individual instructors may have additional requirements; please check with your instructor after the first day of class.

Pre-Dance (Ballet/Tap/Mini Modern): SOLID colored leotard and PINK tights. **No skirts (attached or otherwise, tutus, or dance costumes are permitted.** Appropriate shoes (see below). No satin ballet slippers. **Pre-Jazz:** Black leotard, pink tights OR black capri pants. Black jazz shoes or black ballet slippers.

Ballet/Pre-Pointe/Pointe (Jr./Sr. Levels): BLACK leotard and PINK tights (NO TAN TIGHTS). Pink ballet shoes; canvas ballet shoes are required for Senior class levels. Proper ballet bun (bobby pins and hairnets) required. All Pointe shoes must be approved by the instructor before ribbons and elastics are sewn on.

Jazz/Contemporary/Modern (Jr./Sr. Levels): Any colored leotard and form fitting bottoms (tights, leggings, shorts). Soft, black, leather jazz shoes. Slip on jazz shoes required for Sr. levels. No jazz sneakers. No shoes for contemporary or modern.

Tap: Fitted tank top or leotard and fitted jazz pants or capris. NO JEANS. Jazz tap shoes (hard toe and shank, no split-sole) required for all Junior and Senior levels.

Hip Hop: Fitted tank top or leotard and fitted jazz pants or capris. Clean sneakers, not street shoes. The instructor will notify each class what specific shoe to purchase during the first week of classes. NO JEANS OR SHORTS. Legs must be covered.



Suggested Dance Shoes

Ballet Slipper (Pre-Dance- Jr. 3): Sansha Split Sole Leather - Pink

Mini Company: Capezio "Cobra" Child Split-Sole Leather - Pink

Ballet Slipper (Sr. 1+): Sansha Split Sole Canvas - Pink

Jazz Shoe (All Levels): Bloch Split Sole Jazz Shoe - Black

Tap Shoes (Pre-Dance Levels): Capezio "Mary Jane" Child Buckle Tap Shoe - Black

Tap Shoes (Jr. Levels 1+): Bloch Lace up Leather - Black

Orders can be placed through the School of Dance. Forms are emailed or available at the front desk or from the dance instructor.

For more information please contact the School of Dance Office at 847-391-5094 or email nancys@dpparks.org

