



August 23, 2019

Dear Prairie Lakes Member,

We're very excited to announce some great upgrades to the Prairie Lakes Community Center this month. Some of the planned work on Prairie Lakes has already begun and we just wanted to share a friendly reminder of the work and dates with all of our members. Upgrades will include Precor Strength Training equipment and rubberized fitness flooring throughout the fitness room. We will also be completing our annual preventative maintenance and deep cleaning of the Fitness Center & Locker Rooms (which includes the whirlpool and sauna). In order to accomplish all of these upgrades, the Fitness Center, Locker Rooms and Racquetball Courts will be closed for 8 days (August 26 - September 2). In addition, from August 19-September 2, the gymnasium floor will be refinished, closing down the gym and the track. On August 26-30, new asphalt is scheduled to be completed in the north parking lot, weather permitting. For class participants, parking will be limited to the west side lot or designated areas in the drive loop. We realize that this may disrupt your fitness schedule; we encourage you to take advantage of the facilities listed below during these times:

***DPPD Leisure Center Health Club  
2222 Birch Street, Des Plaines  
(847) 391-5700  
Fitness Center,  
Whirlpool & Sauna***

***RecPlex  
420 W. Dempster  
(847) 640-1000  
Fitness Center***

**Use of the ALC Health Club & Rec Plex Fitness Center only** - In order to access the alternative facilities, at no charge, you will be required to present your Prairie Lakes Membership card. Free access is allowed during the times we are closed only.

- The Whirlpool & Sauna will be available at the Leisure Center only.

**A few things regarding Rec Plex:**

- Hand Towels are provided for use in the fitness center only.
- Duffel bags or backpacks are no longer allowed in the Fitness Center. Patrons

are encouraged to use the locker rooms to store personal belongings, bring your own lock or purchase one for \$5 at the front desk. We do have hooks for car keys and jackets. (a drawstring size bag is okay).

- For use of the fitness center, please check in upstairs with the attendant at the Fitness Desk and give them *your membership card* for the duration of their workout.
- All participants are required to follow the rules of our facility.
- Silver Sneakers members need to check in at the Front Desk (ground floor) to scan their card on every visit and show their card in the Fitness Center.
- Racquetball courts will be available for use. Members will be responsible for the court fees.

Our Fall Spectrum is now available online at [www.DPParks.org](http://www.DPParks.org) and in our facilities. We offer a lot of great fitness classes, so don't miss out! Registration for fall classes is now open for residents, and opens Monday, August 26 for non-residents.

As always, we appreciate your patience and cooperation while we close for our annual maintenance. If you have any questions or concerns please feel free to call at (847) 391-5711. You are a huge part of what has made this facility so great for the last 27 years. We thank you for staying fit with us!

Sincerely,

**Shelli P. Sarg**

Facilities Manager

Prairie Lakes Community Center/Mountain View Adventure Center

***Be Active!***  
at the Des Plaines Park District