

# The DASH

Through Des Plaines

Annual 5k Run/Walk • June 15 • 8:00am

Presented By



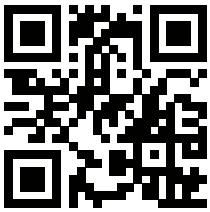
New for 2019: We've added **The Millennium Mile!**  
A 1-mile run, starting behind *The Dash*. Course is marked in blue.

## Parking

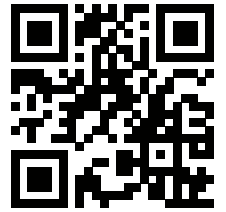
To avoid traffic congestion, please use the Metropolitan Square free parking garage. Easy access from Lee Street, just north of Miner Street, or from any entrance to Metropolitan Square: Miner Street, River Road, or Perry Street.

## The Race

Find the race on GPS or Google Maps:  
1500 E. Prairie Ave., at Pearson St., 60016  
Read more about The DASH at [DPParks.org](http://DPParks.org).



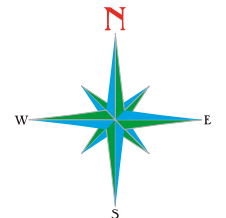
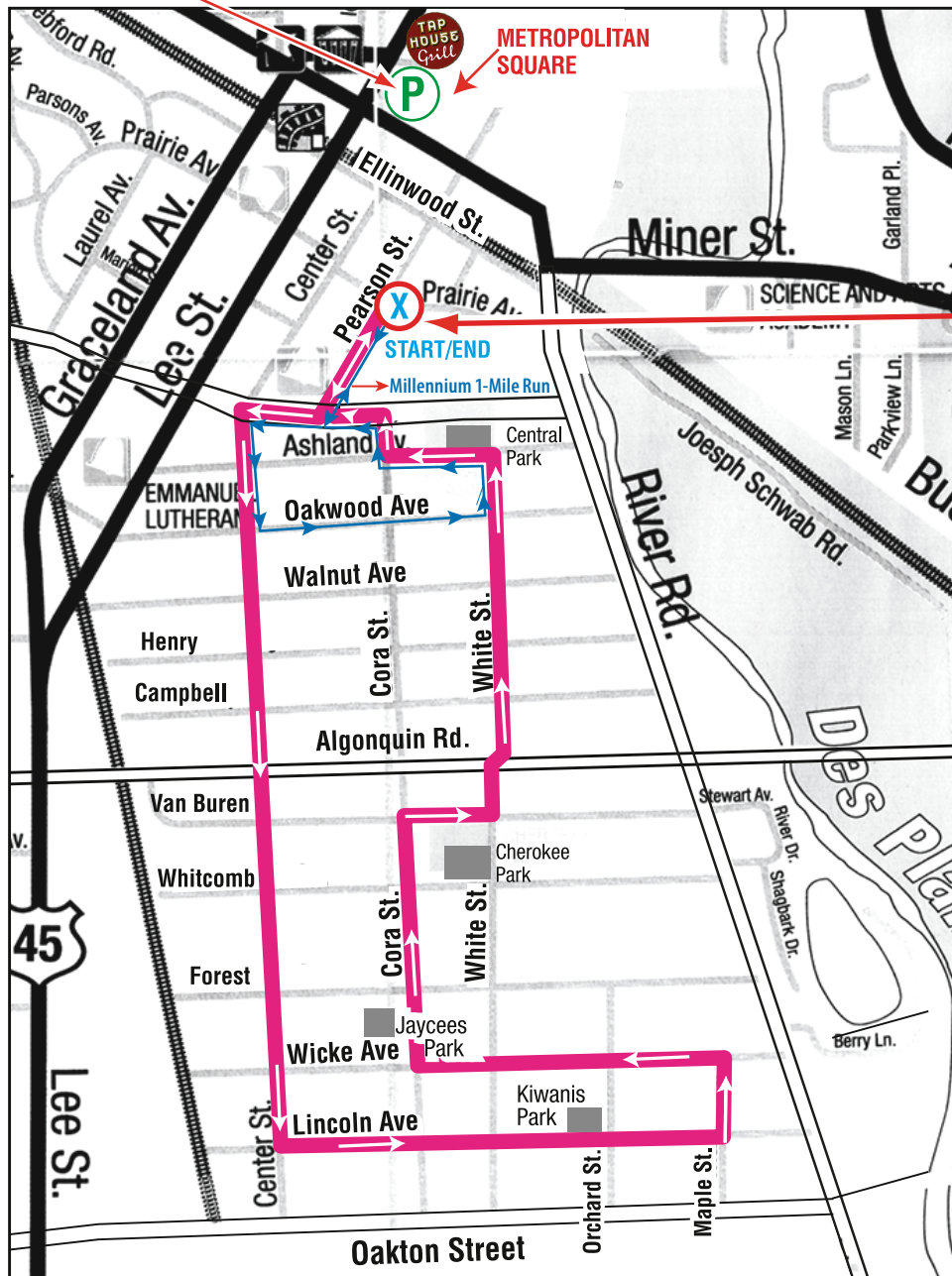
Scan this QR for a Google Map of the Metropolitan Square parking garage.



Scan this QR for a Google Map of the starting location.



847-391-5711  
[DPParks.org](http://DPParks.org)



CERTIFIED COURSE