

# 2017/2018

## Des Plaines School of Dance Dress Code

Proper attire is vital for the dancer's safety and will maximize the dancer's learning experience. It is necessary for the instructor to see the shape and line of the dancer's body which will assist in the proper assessment of the advancement of each student. The Des Plaines School of Dance staff will be enforcing the dress code. If these requirements are not followed, parents will be notified by the instructor and the student may not be permitted to participate in class until the proper dance attire is worn. Failure to wear the appropriate dance attire will constitute one absence. We appreciate your cooperation with the compliance of the dress code for our program.

**Please note:** We encourage a hands-on teaching approach. Instructors may need to physically readjust a student's body, to fully correct the dancer's placement and alignment.

### **Dance Attire Requirements**

- Hair must be secured away from the face in a **ballet bun\*** for ALL classes, except Tap and Hip Hop.
- **\*Tools needed for a ballet bun:** Elastic ponytail holders, bobby pins/hair pins, hair net, brush/comb, gel/hairspray.
- All jewelry must be removed before any class.
- Dancers who have reached the age where support undergarments are necessary are required to wear a black sports bra only.
- Dancers ages 10 and older should wear deodorant.
- Jr. and Sr. Level dancers should not wear underwear underneath a leotard and tights.

**Individual instructors may have additional requirements; please check with your instructor after the first day of class.**

**Pre-Dance (Ballet/Tap/Mini Modern):** SOLID colored leotard and PINK tights. No elaborate skirts, tutus, or dance costumes. Appropriate shoes (see below). No satin ballet slippers. Replace tap ribbons with elastic tap ties (available for purchase from your instructor). **Pre Jazz:** Black leotard, pink tights OR black capri pants. Black jazz shoes or black ballet slippers.

**Ballet/Pre-Pointe/Pointe/Jazz/Lyrical/Modern (Jr./Sr. Levels):** BLACK leotard and PINK tights (NO TAN TIGHTS). Pink ballet shoes; canvas ballet shoes are required for Senior class levels. Proper ballet bun (bobby pins and hairnets) required. All Pointe shoes must be approved by the instructor before ribbons and elastics are sewn on. Soft, black, leather jazz shoes. Slip on jazz shoes required for Sr. levels. No jazz sneakers. No shoes for lyrical or modern.

**Tap:** Fitted tank top or leotard and fitted jazz pants or capris. NO JEANS. Jazz tap shoes (hard toe and shank, no split-sole) required for all Junior and Senior levels.

**Hip Hop:** Fitted tank top or leotard and fitted jazz pants or capris. Jazz sneakers or clean gym sneakers. NO JEANS OR SHORTS. Legs must be covered.

**Recreational Classes:** Parents can wear comfortable clothing that does not restrict movement. Children must follow the requirements for the specific discipline of dance.



### **Suggested Dance Shoes**

**Ballet Slipper (Pre-Dance- Jr. 3):** Sansha Split Sole Leather - Pink

**Ballet Slipper (Sr. 1 +):** Sansha Split Sole Canvas - Pink

**Jazz Shoe:** Bloch - Bloch (Split Sole Jazz Shoe)

**Tap Shoes Pre-Dance Levels:** Capezio or Block Patent Leather

**Tap Shoes Jr. Levels 1+:** Bloch Lace up Leather

For more information please contact the School of Dance Office at 847-391-6924 or email [schoolofdance@dpparks.org](mailto:schoolofdance@dpparks.org)

**Allegro Dance Boutique**  
2114 Central Street  
Evanston, IL 60201  
847-733-8460

**Dance N Tees**  
1065 North Salem Drive  
Schaumburg, IL 60194  
847-884-5924

**Leo's Factory Store**  
7601 W North Ave.  
River Forest, IL 60305  
773-745-5600

**Toe the Line**  
Terramere Plaza  
4204-B N Arlington Heights Rd  
Arlington Heights, IL 60004  
847-818-9800

